

# STYLE IT



## BLUTACOS! Rice & Beans Not Included

-  **1 TACO** 180-240 cal. **\$2.49**
-  **3 TACOS** 550-710 cal. **\$6.99**
-  **6 TACOS** 1090-1430 cal. **\$13.49**



-  **BOWL** 560-680 cal. **\$7.49**
-  **BURRITO** 740-850 cal. **\$7.49**
-  **SALAD** Rice Not Included  
640-750 cal. **\$7.49**
-  **QUESADILLA** Rice & Beans Not Included  
560-670 cal. **\$6.49**
-  **NACHOS** Rice Not Included  
630-690 cal. **\$6.49**



### 1 START IT

- White Cilantro Lime Rice  
120 cal.
- Black Beans  
80 cal.
- Pinto Beans  
80 cal.

### 2 FILL IT

- Chicken  
30 cal.
- Shredded Pork  
50 cal.
- Classic Beef  
90 cal.

### 3 TOP IT

- Lettuce 30 cal.
- Cheese 100 cal.
- Sour Cream 45 cal.
-  Salsa Verde 5 cal.
-  Salsa Roja 5 cal.

## GET MORE!

- |               |            |        |
|---------------|------------|--------|
| Rice & Beans  | 200 cal.   | \$2.49 |
| Extra Meat    | 30-90 cal. | \$2.00 |
| Chips & Queso | 530 cal.   | \$2.49 |
| Queso         | 180 cal.   | \$1.59 |
| Chips & Salsa | 370 cal.   | \$2.49 |
| Salsa         | 20 cal.    | \$1.59 |

**GOTRUBlu!**

*Top with any warm sauce!*

Three Cheese Queso \$1.00  
90 cal.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.



# EAT IT!

### Main Street Express

205 E Main Street  
Perham, MN 56573  
(218) 346-2210

# START YOUR DAY RIGHT.

## bluTACO. BREAKFAST

AVAILABLE UNTIL 10 A.M.



**[1] BURRITO \$4.59**  
640 cal.\*

FILLED WITH EGG SCRAMBLE,  
BACON, SAUSAGE, CHEESE, & SALSA



**[2] TACO \$1.59**  
240 cal.\*

FILLED WITH EGG SCRAMBLE,  
BACON, SAUSAGE, CHEESE, & SALSA



**[3] 2 TACOS \$3.00**  
480 cal.\*

FILLED WITH EGG SCRAMBLE,  
BACON, SAUSAGE, CHEESE, & SALSA



**[4] 3-MEAT BISCUIT**  
680 cal. **\$4.59**



CHOOSE FROM: HAM, BACON, OR SAUSAGE

**[5] 1-MEAT BISCUIT**  
410-540 cal. **\$3.99**



**[6] SINGLE BISCUIT & GRAVY**  
310 cal. **\$2.29**

**[7] DOUBLE BISCUITS & GRAVY**  
610 cal. **\$4.49**

## PICK YOUR SALSA

\*Included with Burrito and Tacos

Salsa Roja



Salsa Verde

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