




# STYLE IT



## BLUTACOS! Rice & Beans Not Included

-  **1 TACO** 180-240 cal. **\$2.49**
-  **3 TACOS** 550-720 cal. **\$6.99**
-  **6 TACOS** 1090-1430 cal. **\$13.49**



-  **BOWL** 560-680 cal. **\$7.99**
-  **BURRITO** 740-850 cal. **\$7.99**
-  **SALAD** Rice Not Included  
640-750 cal. **\$7.99**
-  **QUESADILLA** Rice & Beans Not Included  
550-670 cal. **\$6.49**



### 1 START IT

- White Cilantro Lime Rice  
120 cal.
- Black Beans  
80 cal.
- Pinto Beans  
80 cal.

### 2 FILL IT

- Chicken  
30 cal.
- Classic Beef  
90 cal.
- Shredded Pork  
50 cal.

### 3 TOP IT

- Lettuce 30 cal.
- Cheese 100 cal.
- Sour Cream 45 cal.
-  Salsa Verde 5 cal.
-  Salsa Roja 5 cal.

## GET MORE!

Rice & Beans	200 cal.	\$2.99
Extra Meat	30-90 cal.	\$2.00
Salsa Cup	20 cal.	\$1.69
Queso Cup	180 cal.	\$1.69

## GOTRUBlu!

*Top with any warm sauce!*

Three Cheese Queso \$1.00  
90 cal.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.



# EAT IT!



## Farmers MARKET PLACE

4525 Shasta Dam Blvd.  
City of Shasta Lake, CA 96019  
(530) 275-2936

# START YOUR DAY RIGHT.

# bluTACO®

**BREAKFAST**  
AVAILABLE 5-10 A.M.



**[1] BURRITO \$4.49**

590 cal.\*

FILLED WITH EGG SCRAMBLE,  
BACON, SAUSAGE, CHEESE, & SALSA



**[2] TACO \$1.99**

230 cal.\*

FILLED WITH EGG SCRAMBLE,  
BACON, SAUSAGE, CHEESE, & SALSA



**[3] 2 TACOS \$3.49**

460 cal.\*

FILLED WITH EGG SCRAMBLE,  
BACON, SAUSAGE, CHEESE, & SALSA



**[4] 3-MEAT BISCUIT \$4.99**

690 cal.

HAM, BACON, & SAUSAGE



**[5] 1-MEAT BISCUIT \$3.49**

420-550 cal.

HAM, BACON, OR SAUSAGE



**[6] SINGLE BISCUIT & \$2.99**  
GRAVY 310 cal.

**DOUBLE \$4.99** 610 cal.

## PICK YOUR SALSA

\*Included with Burrito and Tacos

Salsa Roja



Salsa Verde



**ADD**  
**POTATO WEDGES \$1.29**  
190 cal.

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