


STYLE IT



BLUTACOS! Rice & Beans Not Included

-  **1 TACO** 240-270 cal. **\$2.99**
-  **3 TACOS** 720-820 cal. **\$8.09**
-  **6 TACOS** 1450-1640 cal. **\$15.19**




 **BOWL** 720-780 cal. **\$7.49**

 **BURRITO** 860-920 cal. **\$7.49**

 **SALAD** Rice Not Included
730-790 cal. **\$8.59**

 **QUESADILLA** Rice & Beans Not Included
680-740 cal. **\$6.69**

 **NACHOS** Rice Not Included
1390-1430 cal. **\$6.79**



1 START IT

White Cilantro Lime Rice
150 cal.

Black Beans
90 cal.

Pinto Beans
80 cal.

2 FILL IT

Chicken
70 cal.

Classic Beef
90 cal.

Shredded Pork
60 cal.

3 TOP IT

Lettuce 30 cal.

Cheese 130 cal.

Sour Cream 45 cal.

 Salsa Verde 5 cal.

 Salsa Roja 0 cal.

GET MORE!

Rice & Beans 240 cal. **\$2.79**

Extra Meat 60-90 cal. **\$1.50**

Chips & Queso 1260 cal. **\$3.79**

Queso 190 cal. **\$1.89**

Chips & Salsa 1080-1090 cal. **\$2.79**

Salsa 15-20 cal. **\$1.59**

GOTRUBlu!

Top with any warm sauce!

Three Cheese Queso **\$1.00**
100 cal.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.



EAT IT!

White Oak #13

101 E Main Street
Green Forest, AR 72638
870-712-2025

START YOUR DAY RIGHT.



[1] TACO \$2.09
270 cal.*

FILLED WITH EGG SCRAMBLE,
BACON, SAUSAGE, CHEESE, & SALSA



[2] 2 TACOS \$3.79
530 cal.*

FILLED WITH EGG SCRAMBLE,
BACON, SAUSAGE, CHEESE, & SALSA

bluTACO®

BREAKFAST

AVAILABLE UNTIL 10 A.M.

PICK YOUR SALSA

*Included with Tacos

Salsa Roja



Salsa Verde



COME BACK & VISIT US FOR LUNCH & DINNER

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

LUNCH/DINNER MENU + FRYER (NFW \$\$ 6/28)

		NUTRITIONAL INFORMATION											ALLERGEN INFORMATION											
		Cal's (kcal)	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Tot Sugar (g)	Add Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	MSG	Gluten	Sesame	
Item Description																								
EL TACOS	1 Taco	240 - 270	8 - 13	3.5 - 6	0	25 - 50	450 - 820	24 - 25	2	2	0	12 - 19			x					x		x	x	
	3 Tacos	720 - 820	24 - 39	10 - 18	0 - 1	80 - 145	1340 - 2460	71 - 74	5	5 - 6	0 - 1	35 - 57			x					x		x	x	
	6 Tacos	1450 - 1640	48 - 79	20 - 36	0 - 2.5	160 - 295	2690 - 4930	143 - 148	10	10 - 13	0 - 2	71 - 114			x					x		x	x	
STYLE IT	Bowl	720 - 780	19 - 29	7 - 12	0 - 0.5	65 - 110	1680 - 2430	92 - 94	11	5 - 6	0 - < 1	33 - 47			x			x		x		x	x	
	Burrito	860 - 920	25 - 35	10 - 15	0 - 1	65 - 110	1850 - 2590	108 - 110	10	5 - 6	0 - < 1	36 - 51			x			x		x		x	x	
	Salad	730 - 790	38 - 48	11 - 16	0 - 1	70 - 115	1510 - 2250	56 - 58	16	20	2 - 3	33 - 47	x		x			x		x		x	x	
	Quesadilla	680 - 740	31 - 41	16 - 21	0 - 1	80 - 125	1490 - 2230	48 - 50	< 1	1 - 2	0 - < 1	35 - 49			x					x		x	x	
	Nachos	1390 - 1430	113 - 118	24 - 27	0	55 - 75	2100 - 2480	82 - 83	9	7	0	26 - 33			x			x		x		x	x	
START IT	White Cilantro Lime Rice	150	2.5	0	0	0	370	29	1	0	0	3												
	Black Beans	90	1	0	0	0	280	16	5	0	0	4						x		x		x		
	Pinto Beans	80	0.5	0	0	0	270	15	7	< 1	0	4					x		x		x			
FILL IT	Chicken	70	1.5	0	0	40	460	< 1	0	0	0	12												
	Classic Beef	90	7	3	0	25	300	< 1	0	0	0	5										x	x	
	Shredded Pork	60	3.5	2	0	15	90	0	0	0	0	6												
TOP IT	Lettuce, Shredded - 0.75 oz	30	0	0	0	0	20	6	2	4	0	2												
	Cheese, Shredded Mexican - Scoop	130	10	6	0	25	240	0	0	0	0	9			x									
	Sour Cream - 0.5 oz	45	0	0	0	5	90	10	0	0	0	2			x									
	Salsa Verde - Scoop	5	0	0	0	0	170	1	0	< 1	0	0												
	Salsa Roja - Scoop	0	0	0	0	0	135	< 1	0	0	0	0												
GO TRU3LU	Three Cheese Queso - TruBlu	100	7	4.5	0	20	400	3	0	1	0	5			x					x		x	x	
EXTRAS	Rice & Beans	240	3 - 3.5	0	0	0	630 - 650	44 - 45	6 - 8	0 - < 1	0	7						x		x		x		
	Extra Meat	60 - 90	1.5 - 7	0 - 3	0	15 - 40	90 - 460	0 - < 1	0	0	0	5 - 12										x	x	
	Chips & Queso	1260	114	26	0	40	1810	58	4	2	0	17			x					x		x	x	
	Queso Cup	190	14	9	0	40	800	6	0	2	0	10			x					x		x	x	
	Chips & Salsa	1080 - 1090	100 - 101	17	0	0	1550 - 1700	55 - 56	4 - 5	2	0	8												
	Salsa Cup	15 - 20	0 - 0.5	0	0	0	540 - 690	3 - 4	1	2	0	< 1												

		NUTRITIONAL INFORMATION											ALLERGEN INFORMATION											
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Item Description																								
BREAKFAST MAIN	1 Breakfast Taco	270	15	7	0	65	590	19	< 1	0	0	12	x		x						x		x	
	2 Breakfast Tacos	530	30	14	0	135	1180	38	2	< 1	0	23	x		x						x		x	

*PLEASE NOTE: Menu items containing a combination of product offerings or multiple flavor options show all potential allergens. Please check individual products for item specific allergen information.

All data is based upon standard portion sizing and cooking methods. Actual reported values have been calculated using the Genesis R&D Food software and assume average portions as outlined in product specifications. Because of allowed variances in products and actual minor variations in product preparation at each location, portion sizes and subsequent nutritional information may vary slightly.

Effective Date: 4/7/2025